

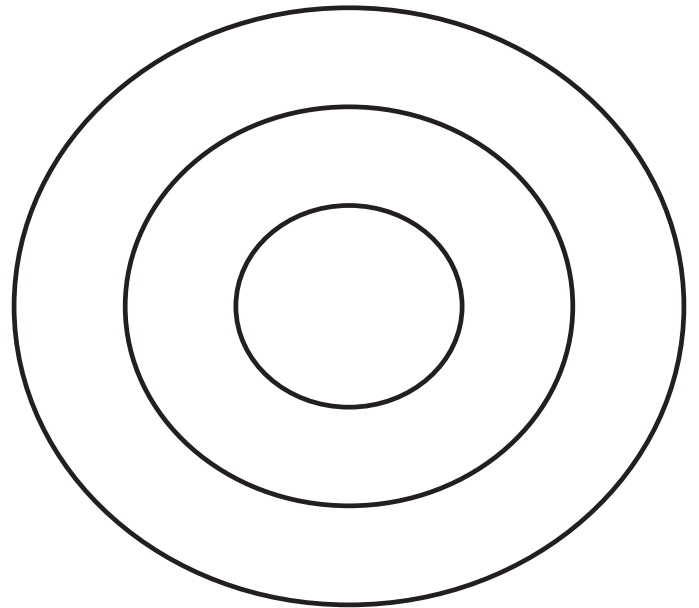
Name:

Lesson 6

Fold the paper into 4 squares

Draw your favorite outdoor activity below.

Draw your favorite comfort food below.



Draw your "happy place" above.

Who makes up your inner support team?
Write the people closest to you in
the center and then expand outwards.