

Lesson 2- Begin lesson by covering the signal from lesson one and introduce the following characteristics of each behavior. Use blackboard to list behaviors and ask for input from teacher. Introduce tickets (classroom management) to students. Continue with SF on page 3. Remind students when they are engaging in these STOP OR SAD characteristics, to STOP, PAUSE, THINK and GO! Conclude with activity. (THINK posters)

Aggressive- STOP

Loud

Demanding

Threatening

Insulting

Valls others names

Grabby

Pushy

Interferes

Manipulates

Does not listen to others

Denies others their rights

Passive-Sad- THINK

Whiney

Little or no eye contact

Head lowered or cast down

Few or no "I" statements

Beats around the bush by hinting

Submissive

Sneaky

Makes excuses

Manipulates

Does not stand up for self

Assertive- GO!

Uses "I" statements

Makes eye contact

Communicates clearly

Knows what she/he needs and wants

Firm and polite

Is fair and honest

Stands up for self

Treats others with dignity and respect